2010 Illinois Boy's State Championships
At Oswego East High School
Meet Times

Session 1 Friday, March 26 Level 6 (All Ages) Capitol Cup

Gymnast Check in:	5:00 pm
Warm-up 1st Event:	5:30 pm
Compete 1st Event:	5:45 pm
Awards:	8:45 pm

Session 2 Saturday, March 27 Level 4 (6-7 yr olds) Capitol Cup

Gymnast Check in:	7:45 am
Warm-up 1st Event:	8:15 am
Compete 1st Event:	8:30 am
Awards:	11:00 am

Session 3 Saturday, March 27 Level 4 (8+), Level 5 (10+) Capitol Cup

Gymnast Check in:	11:30 am
Warm-up 1st Event:	12:00 noon
Compete 1st Event:	12:15 pm
Awards:	3:30 pm

Session 4 Saturday, March 27 Level 5 (6-9 yr olds) Capitol Cup

Gymnast Check in:	4:00 pm
Warm-up 1st Event:	4:30 pm
Compete 1st Event:	4:45 pm
Awards:	8:00 pm

Session 5 Sunday, March 28 Levels 7, 8 and 9 Capitol Cup

Gymnast Check in:	9:00 am
Warm-up 1st Event:	9:30 am
Compete 1st Event:	9:45 am
Awards:	1:00 pm

Session 6 Sunday, March 28 Level 10 Modified Capitol Cup

Gymnast Check in:	1:30 pm
Warm-up 1st Event:	2:00 pm
Compete 1st Event:	2:15 pm
Awards:	5:30 pm